



# NORTH SHORE RADIOLOGY & NUCLEAR MEDICINE

North Shore Private Hospital  
 Ground Floor, Westbourne Street, St Leonards NSW 2065  
**Tel** (02) 8425 3666 • **Fax** (02) 8330 6383

## Parking information:

Valet Parking: available from the NSPH Main Entrance.  
 Multi-storey Carparks: P1 & P2 access via Westbourne Street or Reserve Road.  
 Metered street parking: available along Westbourne Street.



You will be advised by our staff if you require preparation for your appointment. Please arrive 15 minutes prior to your appointment for registration, unless otherwise stated at the time of the booking. Allow sufficient time for parking.

## Sestamibi (MPI) Instructions

### General:

- If you are pregnant or breast feeding please tell a staff member when booking.
- Bring all medications to the test.
- No food but plenty of water on the morning of the test.
- No coffee, tea, cola, or chocolate 24 hours prior to test.
- Wear warm, comfortable clothing
- No talc or body lotion on chest as ECG dots will not stick.
- Bring any previous imaging for comparison.
- Please do not bring children with you.

### Medications:

- If you have asthma please tell staff when booking and bring asthma medication to the test.
- Please ensure that you follow the advice of your doctor regarding withholding of any medications prior to the study.

### See below if you are diabetic:

- If you are diabetic please tell a staff member when booking.
- If you are diabetic and not taking insulin, do not take diabetic medication on the morning of the test, do not have breakfast
- If you are diabetic and taking insulin take 1/2 dose on the morning of the test with a light breakfast at 6am.

If no notification of appointment cancellation is received, you may be charged a tracer cost.

Please ring for an appointment and any special instructions. You may wish to note your appointment details below:  
 Your results will be sent electronically to your doctor, who will then advise you of your results.

Appointment Date: \_\_\_ / \_\_\_ / \_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_  
 (Accounts to be settled on the day of examination).

Preparation: \_\_\_\_\_

Estimate: \$ \_\_\_\_\_